



Hennepin County
Medical Center

Mother-Baby Program

The first of its kind in Minnesota, the HCMC Mother-Baby Program offers a range of psychiatric services to support pregnant women and mothers with children ages 0-5 years old. Babies 12 months and younger are encouraged to come with mothers to all Mother-Baby services.

Mother-Baby Hopeline 612-873-HOPE (4637)

A free mental health telephone support service for pregnant women, families with children ages 0-5 years old, and providers. Our mental health staff members will provide mental health triage and connection with resources. This is not a crisis line.

Mother-Baby Treatment Options

Together with patient, we will decide which level of care is the right fit:

- Mother-Baby Day Hospital
- Mother-Baby Perinatal Outpatient Program
- Mother-Baby Outpatient Psychotherapy Groups

Common reasons to call the Mother-Baby Program:

- Postpartum depression, anxiety, bipolar, or trauma-related disorder
- Depression, anxiety, or other emotional distress during pregnancy
- Grief and sadness due to history of loss or trauma
- Difficulty bonding or caring for baby or other children
- Other challenges or stress related to pregnancy or parenting



To learn more about the Mother-Baby Program:

Call 612-873-6262 or

Visit our website <http://hcmc.org/clinics/MotherBabyProgram>

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